

Topic: Study of a Chosen Religion

Phase: LKS2

Strand: Researching

What should I already know?

- That Buddhism is one of the world’s major religion.
- That Buddhists don’t follow a God or many gods.
- Where India is located on a map.

At the end of the unit I will be able to:

- Know that Siddhartha Gautama was the Buddha.
- Know that Buddhists believe life is a journey to Nirvana and is affected by our actions and behaviours.
- Identify and paint how a Buddhist temple looks from the outside.
- Make a Wesak lantern.
- Use images and descriptions to explain the Tipitaka.
- Explain how Siddhartha Gautama came to found Buddhism and the teachings that followed.
- Explain how key actions and events would affect the Buddhist journey to Nirvana
- Compare and contrast Wesak celebrations around the world.
- Explain how the Tipitaka is used through explanations and images.
- Identify and show how Buddhists worship.
- Explain how Wesak lanterns are used and identify other Wesak celebrations.

Important things to know...

This half term YOU have chosen to learn about Buddhism!!



We will be learning about key aspects of the Buddhist faith and investigating how and where it came from as well as how and why Buddhists worship. We will work creatively to enhance our learning experience. We will find out where Buddhism originated, about special places linked to Buddhism and about key festivals in Buddhist life. We will also learn about symbols in Buddhism, the Buddhist holy book and the main beliefs held by Buddhists. We will also be completing some independent research to extend our knowledge, and will be learning how we can best share this information with others.

**We are MANOR!
As learners we will ...**

Manners

Develop a respect and understanding for the views and opinions of other people and share ideas about our own ideas and thoughts in a respectful manner. We will celebrate good work, value others’ contributions, and discuss and debate opinions.

Aspiration

Learn by being challenged in a series of well-designed and interesting activities designed to deepen our understanding of the world and broaden our horizons. We will be aspirational in developing knowledge and conceptual understanding through practical activities and discussions.

Nurture

To recognise that we live in a wonderful world made up of many different people and ways of living. We will develop an appreciation and respect for the diverse world and environment in which we live, showing care and compassion for the people and beliefs around us.

Open-Mindedness

We will be open-minded so that we can learn more about others and the way in which they live their lives. We will listen respectfully to each other and not laugh at or make fun of what other people say.

Resilience

Engage confidently with the RE curriculum and learn that anything is possible and failure is not something to fear but to learn from. We will support each other to learn new things and share what we know so that we might help others.

The Buddha



There are no gods in Buddhism. It was created by a man called Siddhartha Gautama, who was born into a noble family. He lived a sheltered early life, but when he was older he went out into the world and saw that sickness, age and death come to everyone. After seeing this, Gautama meditated and found the answer to life. This made him the Buddha. This was called enlightenment and the Buddha decided to teach others how to reach it.

Buddhism originated in Northeast India and now has followers from all over the world. The Dharmachakra is a symbol used in Buddhism. It is sometimes called The Dharma Wheel.



The Buddhist teachings are called 'Pali Canon' and the 'Sanskrit Canon'. Sanskrit is an old language, used in India.

Five Rules to Live by...

- Buddhists live by five rules:
- Never take the life of a living creature.
 - Do not steal.
 - Be faithful to your partner.
 - Do not lie.
 - Do not drink alcohol.

Holy Texts

When the Buddha died, people thought it would be a good idea to write down what Buddha said and thought. 500 Buddhist Monks met to check the content of his teachings. The teachings were then passed down by word of mouth for around 400 years, down. The Holy Texts are called the Tipitaka.



What do Buddhists believe?

| Dukkha | Samudaya | Nirodha | Magga |
|---------------------------|---|---|--|
| Everyone suffers in life. | The cause of suffering is a craving for things and wanting to control things. | To end the suffering, life must be lived one day at a time. You must also let go of cravings. | To end the suffering for good, people must follow the Eightfold Path created by Buddha |

Buddhist Worship



Buddhists can worship from home or at a temple, which are built in a variety of shapes. Buddhists worship by sitting on the floor, making sure their feet face away from any image of Buddha. Their head and body face the image of Buddha. This is called puja. Buddhists chant to show their love for Buddha and make offerings of flowers and incense at shrines. The Lotus Flower is also an important symbol in Buddhism. It represents Enlightenment and 'the end of the journey'.

Reincarnation

Buddhists believe that each person born on planet Earth is locked into a cycle of death and rebirth and can only achieve Nirvana when they successfully break the cycle.

Vocabulary

| | |
|----------------------|--|
| Meditate | When Buddhists close their eyes and breathe deeply, trying to empty their minds of thoughts. |
| Enlightenment | Breaking the Buddhist cycle of rebirth and reaching Nirvana. |
| Noble Eightfold Path | The rules laid out by Buddha which will lead to Nirvana. |
| Nirvana | Perfect peace with no suffering. |
| Wesak | Important Buddhist festival when Buddhists try to clear their minds of negative thoughts. |
| Puja | The Buddhist act of worship. |
| Shrine | A special place that is linked with a holy object or person |

Buddhism Quiz

- 1). True or false... In Buddhism, there are many different gods and goddesses.
- 2). What was the name of the founder of Buddhism?
- 3). Can you tell me three of the five rules that Buddhists live by?
- 4). What is the name of the Buddhist Holy Text?
- 5). What is Wesak?