

**Topic: Religious Diversity - Happiness**

**Phase: UKS2**

**Strand: Exploring**

**What should I already know?**

- I can identify what makes me happy.
- I can talk about happiness with others and can share my thoughts with them.
- I can reflect upon my knowledge of different religions to talk about what different types of things might make believers feel happy.

**At the end of the unit I will be able to:**

- I can consider a fundamental question of life, and can share my thoughts, opinions and experiences with others.
- I can identify the differences between material and spiritual values.
- I can recognise and appreciate that people with different religious or non-religious perspectives may come to similar conclusions.
- I can recognise and appreciate that people with different religious or non-religious perspectives may come to similar conclusions.
- I can compare and contrast the beliefs and differences between a religious and non-religious perspective.
- I can explore the link between what I think or believe, how I act or behave and how happy I make other people.

**Important things to know...**

This half term we will be investigating the different ways believers attain and show happiness. In particular, we will be finding out about Humanism and Buddhism – two major belief systems which do not focus on the worship and idolatry of a God or gods. In both of these belief systems, the central belief is one in which positive attitudes to the world, centred on human experiences, thoughts and hopes, are what are key for believers. There is no God or gods who teach followers; the focus is on the human experience.

We will hopefully have a session where we will meet a Humanist Celebrant, so if you have any questions that you might like to ask him, jot them down and keep them safe. In the meantime, I would like you to think about what makes you happy, and to also think about how you show your happiness.

Happiness	The state of well-being and contentment
philosophy	the use of reason in understanding such things as the nature of the real world and existence
Celebrant	a priest who leads a religious ceremony, or a person who leads a ceremony such as a marriage or a funeral
Atheism	disbelief or lack of belief in the existence of God or gods.
Enlightenment	the state of understanding something