

Topic: Be Friendly, Be Wise
Phase: LKS2
Strand: SEAL / CIT / PSHE
What should I already know? I can...

- work and play safely at all times, and know the Green Cross Code.
- tell you what bullying is, tell you how someone who's bullied feels, and know what to do if I am bullied.
- say what a good friend means to me.
- give and receive a compliment.
- know how to make up with a friend when we have fallen out.
- know some ways to calm down when I start to feel angry.
- see things from someone else's point of view.
- know that fire can be dangerous and know what to do in an emergency.

At the end of the unit I will be able to:

- understand the qualities of friendship.
- see things from another's point of view.
- tell you what bullying is.
- know what a witness is.
- know what to do if bullying is going on.
- tell you what a 'win-win' solution is and always try to find one in a conflict situation.
- know why it is important to calm down before I am overwhelmed by my feelings of anger.
- know the dangers of the internet.
- know I must not give out my personal details.
- know that fire can be dangerous.
- know what to do in an emergency.

Important things to know...

This half term we will be investigating different ways we can keep ourselves safe in different situations. We will be learning about road safety, and hazards in the home as well as celebrating anti-bullying week by nominating and awarding people in class who we think demonstrate the qualities of being a good friend.

The following websites might be useful to look at, at home together with your child:

- <https://www.roadsafetyweek.org.uk/>
- <https://www.anti-bullyingalliance.org.uk/anti-bullying-week>
- <https://learnliveuk.com/safesound/>

We will also be learning about the feeling 'angry', and what this can make us feel like. Talking about emotions is very important for both children and adults, and supporting your child in regulating their emotions can be a great way to support positive behaviour strategies. For information about Emotional Coaching, please contact Mrs Rogers.

Vocabulary

point of view	A way of thinking about something.
peer pressure	a feeling that you must do the same things as other people of your age and social group in order to be liked or respected by them
disagreement	an argument or a situation in which people do not have the same opinion
solution	a means of solving a problem or dealing with a difficult situation.
supervision	the act of watching a person or activity and making certain that everything is done correctly
hazard	a danger or risk.
emergency	a serious, unexpected, and often dangerous situation requiring immediate action.