

**Topic: Be Friendly, Be Wise**
**Phase: KS1**
**Strand: SEAL / CIT / PSHE**
**What should I already know? I can...**

- Talk about how I and others show feelings, talk about my own and others' behaviour and its consequences, and know that some behaviour is unacceptable.
- talk about ways to keep healthy and safe.
- listen attentively in a range of situations.
- give my attention to what
- others say and respond appropriately,

**At the end of the unit I will be able to:**

- work and play safely at all times, and know the Green Cross Code.
- tell you what bullying is and tell you how someone who's bullied feels.
- know what to do if I am bullied.
- say what a good friend means to me.
- give and receive a compliment.
- know how to make up with a friend when we have fallen out.
- know some ways to calm down when I start to feel angry.
- see things from someone else's point of view.
- know that fire can be dangerous.
- know what to do in an emergency.

**Important things to know...**

This half term we will be investigating different ways we can keep ourselves safe in different situations. We will be learning about road safety, and hazards in the home as well as celebrating anti-bullying week by nominating and awarding people in class who we think demonstrate the qualities of being a good friend.

The following websites might be useful to look at, at home together with your child:

- <https://www.roadsafetyweek.org.uk/>
- <https://www.anti-bullyingalliance.org.uk/anti-bullying-week>
- <https://learnliveuk.com/safesound/>

We will also be learning about the feeling 'angry', and what this can make us feel like. Talking about emotions is very important for both children and adults, and supporting your child in regulating their emotions can be a great way to support positive behaviour strategies. For information about Emotional Coaching, please contact Mrs Rogers

**Vocabulary**

Dangerous	If something is dangerous , it is able or likely to hurt or harm you.
Emergency	A dangerous or serious situation, such as an accident, that happens suddenly or unexpectedly and needs immediate action
Bullying	behaviour that is repeated and intended to hurt someone either physically or emotionally
Compliment	a polite remark that you say to someone to show that you like their appearance, appreciate their qualities, or approve of what they have done .
Conflict	a serious disagreement and argument about something important.
Hazard	anything which can harm or damage someone or something.