


Topic: Daring To Be Different	Phase: UKS2	Strand: RHE / CIT / PSHE	
What should I already know?	Key Information	We are MANOR! As learners we will ...	
<ul style="list-style-type: none"> <li>Understand that there are similarities and differences between everyone</li> <li>Talk about the things I am good at</li> <li>Recognise when I find something difficult and be able to do something about it</li> <li>Talk about what feeling surprised is like</li> <li>Understand that different people have different feelings about surprises</li> <li>Healthily choose when to show my feelings and when to hide them</li> <li>Act assertively</li> </ul>	<p>This half term we will be learning to listen to other people's point of view, contributing to simple debates and finding out how to disagree with someone without falling out. We will also be learning how cope when someone disagrees with us, finding out how to make a balanced judgement about whether to take a risk, and learning how to stand up for what we think after listening to others. Alongside this, we will be investigating how to communicate in an assertive way using appropriate body language and tone of voice. It's all about communication!</p> 	<b>Manners</b>	<p>Develop a respect and understanding for the views and opinions of other people and share ideas about our own ideas and thoughts in a respectful manner. We will celebrate good work, value others' contributions, and discuss and debate opinions.</p>
		<b>Aspiration</b>	<p>Learn by being challenged in a series of well-designed and interesting activities designed to deepen our understanding of the world and broaden our horizons. We will be aspirational in developing knowledge and conceptual understanding through practical activities and discussions.</p>
		<b>Nurture</b>	<p>To recognise that we live in a wonderful world made up of many different people and ways of living. We will develop an appreciation and respect for the diverse world and environment in which we live, showing care and compassion for the people and beliefs around us.</p>
		<b>Open-Mindedness</b>	<p>We will be open-minded so that we can learn more about others and the way in which they live their lives. We will listen respectfully to each other and not laugh at or make fun of what other people say.</p>
		<b>Resilience</b>	<p>Engage confidently with the RE curriculum and learn that anything is possible and failure is not something to fear but to learn from. We will support each other to learn new things and share what we know so that we might help others.</p>
At the end of the unit, I will be able to:			
<ul style="list-style-type: none"> <li>Listen to other people's point of view</li> <li>Contribute to a simple debate</li> <li>Disagree with someone without falling out</li> <li>Cope when someone disagrees with me</li> <li>Make a judgement about whether to take a risk</li> <li>Stand up for what I think after listening to others and making my own choice</li> <li>Understand the majority view is not always right</li> <li>Behave in an assertive way using appropriate body language and tone of voice</li> <li>Prevent bullying behaviour using different strategies</li> </ul>			

## Debates

This half term we will be investigating giving and sharing opinions via debate to help us develop our listening and reasoning skills. It would be great if you were able to practice having a debate at home if possible – maybe around the dinner table or in the car even!! You could debate about anything you think might be interesting to you as a family, but I have also included some ideas below:

- School uniform should be banned
- Weekends should be three days long
- Children should choose their own bedtime
- If a child makes a mistake, their parents should pay for it.

Debates are a fantastic way to help us to identify and support / oppose any given argument using thoughtful and succinct reasoning. They are also lots of fun and can help us learn a lot more about particular topics and how they affect different people. You may even want to watch some debates in the Houses of Parliament to see what effect good debating skills have in the wider world. As part of this work, we will also be looking at the effect that not only opinions and statements have on debates, but also that of body language and tone of voice. Try investigating this at home, having simple conversations where you alter your tone and body language and examine the effect on the conversation.


## Risky Business...

Risk is when there is a possibility of something dangerous or unpleasant happening. Everyone takes risks sometimes. We have to take risks to take on new challenges and try new things. Sometimes it's great to take a risk and step outside of your comfort zone; it's one way we learn.

Many risks are not considered in any way dangerous; however, some risks can lead to danger and we have to assess each situation carefully and beware of the potential risks.

**Types of Risk**

There are different types of risk. Here are some:



Health	Social	Legal	Financial
A health risk is a risk that could potentially damage your body in some way, causing injury or illness.	A social risk is a risk that could potentially harm friendships.	A legal risk is when your actions are against the law and, if caught, you could get in trouble with police.	A financial risk is when there is a chance that money could be lost.
<b>Example:</b> Going running without your inhaler nearby when you have asthma.	<b>Example:</b> Talking about your friend behind their back.	<b>Example:</b> Vandalising a bus shelter.	<b>Example:</b> Playing slot machines at an arcade.

## Being Assertive

Being assertive can help you to explain how you feel and what you need, without being rude or aggressive. These skills can help you stand up for yourself and still treat other people with respect. It means you clearly explain what you need or want from someone. Without being pushy or trying to frighten them. Sometimes it can be hard to say how you really feel, especially if it means disagreeing with someone else. But everyone has the right to say how they feel and ask for what they need.

5 ways to be assertive:

- practise what you want to say first, or try writing it down to prepare yourself
- act calm and confident by standing up straight and not fidgeting
- make eye contact
- say what you want, clearly and politely
- don't apologise when asking for something you need.

## Peer Pressure

The people around you (your peers) influence your day-to-day decisions, even if you don't realise it. Sometimes this can be a good thing. Maybe a friend suggested a book that's now your favourite. But sometimes they might pressure you to do things you don't want to do. Like hurt someone else, do something unsafe or miss school. Peer pressure means feeling like you have to do something because people around you want you to or expect you to. It might be to make someone else happy or to fit in with a new group. It's okay to say no if you don't want to or feel uncomfortable. You have the right to choose what's best for you, even if it's not what other people think is best.

### Things to remember:

- **it's okay to say no to things if you don't feel comfortable or safe**
- **you have the right to make your own choices**
- **there are ways to say no to something, but still be accepted and have friends. If someone is your friend they should accept your decision.**
- **there are ways to feel more confident about saying how you feel.**

## Vocabulary

Debate	a discussion between two people or groups who disagree on an important subject.
Opinion	what one thinks about something or somebody; viewpoint. An opinion is not necessarily based on facts.
Dispute	to argue or debate about.
Solution	the act or process of solving a problem or question.
Rebuttal	A speech which disagrees with what has been said.
Impartiality	not favouring one more than another; not prejudiced; fair.
Morals	having to do with what is right and what is wrong in how a person acts
Peer pressure	feeling like you have to do something because people around you want you to or expect you to.
assertive	means you clearly explain what you need or want from someone

## Daring To Be Different Quiz

- 1). Can you name three different types of risk?
- 2). Are risks good or bad?
- 3). True or False, being assertive means that you are bossy and don't listen or take notice of what other people say and do.
- 4). Can you think of an instance when a debate might be used in real life?
- 5). If one of your friends is trying to make you do something you don't want to do, what could you do?

