



Planning Overview
Tennis

Year 3&4

Lesson	Main lesson objectives	Teaching Activities	Learning Outcomes
Ball skills/ racket skills	For children to successfully be able to hold the racket correctly and be able to strike a moving ball	Teach the children how to hold the racket and strike a moving ball. Teach the children how to strike a ball in different directions whilst standing in the correct position.	Consistently hold the racket in the correct way ready to strike the ball. Become confident in striking the ball in different directions.
Striking the ball	For all children to be able to strike a ball with control when moving in various directions	Teach children to return a bouncing ball back to their partner's hands. Encourage children to	Able to return the ball to a partner with control. Understand how to control the weight of

		both have rackets and try to pass the ball back and forth creating a small rally.	their shot. Be able to get into the correct position when returning/ striking the ball.
Shot variation (forehand/backhand)	For all children to successfully be able to strike a ball into their partners hands using both forehand and backhand strokes.	Teach children to use both forehand and backhand. Challenge children to begin rallying using different types of shots and begin to keep score.	Use different types of shots when rallying with a partner. Children will be able to play forehand and backhand shots.
Volleying and playing at the front and back of the court.	For all children to successfully be able to strike a ball with control and have a clear understanding of a rally.	Teach children to volley the ball up in the air to themselves with children varying the strength/ height of shot. How to play close to the net and how to play from the back of the court in a game	Know how to control a volley and make it harder for themselves. Children will know the difference of playing at the front of the court and back of the courts and the shots that are needed.

		situation.	
Moving around the court and playing shots with control.	For children to be aware of movement/ types of shots involved in tennis to ensure positive contact is made with the ball.	<p>Allow children to practice short and long shots working their opponent harder.</p> <p>Support children in understanding the rules and tactics involved in the game.</p> <p>Teach children how to score points correctly.</p>	<p>Use different shots to score points.</p> <p>The children will be able to make faster and more efficient decisions with control.</p>
Competition	For all children to be successful in perfecting a rally with their partners and keeping their score within tennis.	<p>Encourage the children to use previous weeks learning to showcase their ability in matches.</p> <p>Encourage fair play and good sportsmanship.</p> <p>Support the children's knowledge of rules and tactics.</p>	<p>The children will be able to use various shots during a game.</p> <p>The children will be able to demonstrate and explain the rules of tennis.</p> <p>The children will be able to score tennis correctly during</p>

games.

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Lesson	Main Lesson Objective	Teaching Activities	Learning outcomes
Ball Skills/racket skills	For children to successfully be able to strike a moving ball with control and fluency.	Reminding children how to hold the racket and maintaining this whilst returning the ball. Teach the children how to strike the ball in different directions whilst standing in the correct position.	Consistently hold the racket in the correct way ready to strike the ball. Become competent and have confidence when striking the ball in different directions and in the middle of the racket. They will develop their technique and improve their performance.
Positioning and rally's	For all children to be	Teach children to	Able to return the ball

	able to master a rally and look at appropriate positioning required to execute a shot.	master a rally. Explain why positioning is important? Children to further develop correct techniques.	to a partner with control. Understand how to control the weight of their shot. Able to get into the correct position when playing a rally.
Shot variation (forehand/ backhand) Why and when?	For all children to successfully be able to use a wide range of shots in various situations of a game.	Teach children to know what type of shot to use and when. Challenge children to begin rallying using different types of shots and begin to keep score.	Know what types of shots to play and when to play the shot. Use different types of shots when rallying with a partner. Score points when rallying.
Introducing the lob and drop shot and develop volleying	For all children to familiarize themselves with the lob and drop shots in tennis to further develop their volleying.	Teach children to volley the ball up in the air to themselves with children varying the strength/height of the shot.	Know how to control a lob or drop shot and make it harder for themselves. Children will know the different of

		<p>How to play close to the net and how to play from the back of the court in a game situation.</p> <p>Introducing the lob and drop shot.</p>	<p>playing at the front of the court and back of the court and the shots that are needed including the volley.</p> <p>Introducing more shots to their repertoire.</p>
Developing tactical awareness	<p>For children to be aware of shots they play and receive in order to adapt any given situation.</p>	<p>Allow children to practice short and long shots working their opponent harder.</p> <p>Increase children's tactical knowledge of the game.</p> <p>Teach children how to score points correctly.</p>	<p>Use different tactics to win points, understanding strengths and weaknesses of opponents.</p> <p>The children will be able to make faster and more efficient decisions.</p>
Competition	<p>Children will give a much greater focus on competitive game and being physically active. They will also compare</p>	<p>Encourage the children to use previous weeks learning to showcase their ability in</p>	<p>The children will be able to select the right skills and technique for different situations.</p> <p>The children will be</p>

	<p>their personal achievements during the course of the unit. Children will be able to umpire a game correctly using the right scoring.</p>	<p>matches. Encourage fair play and good sportsmanship. Support the children's knowledge and understanding of rules and tactics.</p>	<p>able to demonstrate and explain the rules of tennis. The children will be able to score tennis the correct way during games. Children to compare personal achievements and to participate in more competitive games.</p>
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